

## Scientific Report

# Investigation of seroprevalance of toxoplasmosis in mares and stallions in Ankara province, Turkey

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## Summary

The aim of this study was to determine the seroprevalence of *Toxoplasma gondii* in mares and stallions in the province of Ankara. Sera from 168 clinically healthy horses were tested for the presence of *Toxoplasma gondii* antibodies using the Sabin Feldman dye test. *Toxoplasma gondii* infection was determined in 62 (36.9%) of 168 horses with the titers ranging from 1:16 to 1:256.

**Key words:** Antibody, Mare, Sabin-Feldman dye test, Stallion, *Toxoplasma gondii*

## Introduction

Toxoplasmosis is one of the more common parasitic zoonoses worldwide. Its causative agent, *Toxoplasma gondii*, is a protozoon that has developed several potential routes of transmission within and between different host species (Akça *et al.*, 2004). During pregnancy, *T. gondii* may be transmitted vertically to the foetus via the placenta. *Toxoplasma gondii* is an obligate and intracellular parasite. Transmission may also occur via tachyzoites contained in blood products, tissue transplants, or raw milk (Karatepe *et al.*, 2010). Although, infection is generally asymptomatic in healthy human beings, the parasite may cause important health problems in pregnant women and in immunocompromised people (Hosseininejad and Hosseini, 2011). Toxoplasmosis may cause fever, ataxia, retinal degeneration and severe encephalomyelitis (Güçlü *et al.*, 2007).

Equine toxoplasmosis has been reported to be diagnosed with serological methods including the Sabin-Feldman dye test (SFDT), indirect fluorescent antibody test (IFAT), enzyme linked immunosorbent

assay (ELISA), indirect hemagglutination (IHA), modified agglutination test (MAT), direct agglutination test (DAT), latex agglutination test (LAT) and complement fixation test (CFT) both in Turkey and various countries across the world (Dubey *et al.*, 1999c; Güçlü *et al.*, 2007; Karatepe *et al.*, 2010).

The aim of the present study was to determine the seroprevalance of antibodies against *T. gondii* in mares and stallions in Ankara province, Turkey.

## Materials and Methods

### Sampling of horses and blood collection

10 ml blood samples were collected in accordance with the routine method, from a total of 168 apparently healthy horses between the ages of 3-12 years, including 77 female (none of the animals included had prior abortion history) and 91 male animals bred in the province of Ankara. Sera were harvested from the blood samples by being centrifuged at 4000 rpm for 10 min at room temperature. Serum samples were kept at -20°C until tested.

### Sabin Feldman dye test

The SFDT described by Sabin and Feldman (1948) was performed in the Parasitology Laboratory of Refik Saydam Epidemic Diseases Research Directorate. An antibody titre of 1/16 and over was accepted to be positive

### Statistical analysis

A Chi-square test ( $\chi^2$ ) was used to detect significant differences between genders and a probability of less than 0.05 was considered to be statistically significant.

### Results

Out of 168 sera examined, 62 were positive at the titers  $\geq 1:16$ . Thirty six sera samples were positive at 1:16 dilution and 15 sera samples at 1:64 dilution and 11 sera at 1:256 dilution.

Table 1 shows gender-related prevalence obtained using samples from 77 females and 91 males. No statistically significant difference was observed between genders ( $P > 0.05$ ).

**Table 1: Seropositivity of horse toxoplasmosis assessed by SFDT in Ankara**

Titers	Female	%	Male	%	Total	%
<1:16	41	53.3	65	71.5	106	63.1
1:16	20	26	16	17.5	36	21.4
1:64	10	13	5	5.5	15	8.9
1:256	6	7.7	5	5.5	11	6.6
Total	77	100	91	100	168	100

### Discussion

The disease has been reported to be diagnosed by serological methods in a wide variety of countries. Dubey *et al.* (2003) have detected seropositivity rates of 0.36% in wild horses in the state of Wyoming, and 6.9% among 1788 horses slaughtered in North America using MAT (Dubey *et al.*, 1999b). The same technique has revealed seropositivity rates of 15% in Brazil (Dubey *et al.*, 1999a) and 13.1% in Argentina (Dubey *et al.*, 1999c). ELISA results showed seropositivity of 38.1% in horses in Egypt (Ghazy *et al.*, 2007), 1% in horses in Sweden (Uggla *et al.*, 1990) and 7% in horses in the Netherlands (Van Knapen *et al.*, 1982). Seropositivity rates of 11.8% in India (Chhabra *et al.*, 1985) and 37.1% in

Nigeria (Aganda *et al.*, 1983) have been detected by IHA. Seropositivity rates in horses are reported to be 20% and 11.8% in Northern India, using IHA and DAT, respectively (Riemann *et al.*, 1975), 9% in Ontario using SFDT (Tizard *et al.*, 1978), 7.7% among 2886 animals using SFDT and 4.1% among 2818 animals using CFT in the Czech Republic (Hejlíček and Literák, 1994).

There has been limited epidemiological data available regarding toxoplasmosis infection in horses in Turkey. In horses residing in Niğde, anti-*Toxoplasma gondii* antibodies were detected in 9 (7.2%) out of 125 sera samples (Karatepe *et al.*, 2010). In a previous study performed on 100 sport horses in Ankara, 28 (28%) were found to be positive for *T. gondii* antibodies by SFDT (Güçlü *et al.*, 2007). In another seroprevalence study in Kars, of the 189 horse sera tested by SFDT, 39 (20.6%) were found to be seropositive against toxoplasmosis (Akça *et al.*, 2004). In the present study a seropositivity rate of 36.9% (62/168) was found for toxoplasmosis. We found a higher prevalence rate than previous reports.

The difference in seroprevalence rates in horses between the present work and the previous studies from Turkey may result from the difference in geographic localities where the samples were taken. The results of the present study confirmed the presence of toxoplasmosis infections in horse populations in Ankara.

It is concluded that the detection of anti *T. gondii* antibodies in horses does not imply a direct risk for human health since horse meat is not consumed by humans in Turkey. As horse carcasses are being used for carnivore food in the zoo and are fed to stray dogs and cats in villages, it may contribute to the disease transmission between animal species and thus indirectly to the human. We suggest that *T. gondii* infection is prevalent and should be taken into consideration by veterinarians and public health officers.

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